

**DR. CESTNICK**  
**CHILD BACKGROUND QUESTIONNAIRE**

Child's name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex (circle one):      Male                  Female

Home address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home # \_\_\_\_\_ Mother's Cell # \_\_\_\_\_ Father's Cell # \_\_\_\_\_

Mother's Email: \_\_\_\_\_ Father's Email \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

I DO / DO NOT (please circle) prefer that Dr. Cestnick contact my child's teacher at this time.

Teacher's Contact Information (if applicable): Email or Phone \_\_\_\_\_

Pediatrician/Physician: \_\_\_\_\_

Address of Pediatrician/Physician: \_\_\_\_\_

Phone of Pediatrician/Physician: \_\_\_\_\_

Person filling out this form (circle) one:    Mother    Father    Stepmother    Stepfather    Other (please explain below)

\_\_\_\_\_

Mother's (M) name: \_\_\_\_\_ (M) Education: \_\_\_\_\_

(M) Occupation: \_\_\_\_\_ Father's (F) name: \_\_\_\_\_

(F) Education: \_\_\_\_\_ (F) Occupation: \_\_\_\_\_

Stepparent's (SP) name: \_\_\_\_\_ (SP) Education: \_\_\_\_\_

(SP) Occupation: \_\_\_\_\_ (SP) Phone: \_\_\_\_\_ (SP) Email: \_\_\_\_\_

Marital status of parents: \_\_\_\_\_

If parents are separated/divorced, how old was child at time of separation? \_\_\_\_\_

List all people and pets living in household:

Name	Relationship to Child	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

If any brothers or sisters living outside of the home, list: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Primary language spoken in the home: \_\_\_\_\_

Other languages spoken in the home: \_\_\_\_\_

**REASON FOR REFERRAL**

Briefly describe your child's presenting problems/difficulties: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long has this problem been a concern for you? \_ \_\_\_\_\_

When was the problem first noticed?: \_\_\_\_\_

What seems to help the problem?: \_\_\_\_\_

What seems to make the problem worse?: \_\_\_\_\_

Has the child received evaluation or treatment for the current problem or similar problems?      Yes \_\_\_\_\_ No \_\_\_\_\_

If YES, what type(s) of evaluation(s), when, and by whom: \_\_\_\_\_

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What are your/the child's strengths? \_\_\_\_\_

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Any prior diagnosis(es)? \_\_\_\_\_

Who referred you Dr. Cestnick?: \_\_\_\_\_

### DEVELOPMENTAL HISTORY

**CIRCLE/CHECK appropriate answers below:**

During pregnancy, was mother on medication? YES / NO If yes, what kind? \_\_\_\_\_

During pregnancy, did mother smoke? YES / NO If yes, how many cigarettes each day? \_\_\_\_\_

During pregnancy, did mother drink alcoholic beverages? YES / NO If yes, what did she drink? \_\_\_\_\_

Approximately how much alcohol was consumed each day? \_\_\_\_\_

During pregnancy, did mother use drugs? YES / NO If yes, what kind? \_\_\_\_\_

Were forceps used during delivery? YES / NO

Was a Cesarean section performed? YES / NO If yes, for what reason? \_\_\_\_\_

Carried to term? YES / NO \_\_\_\_\_ If no, at what prenatal age was he/she born?

What was the child's birth weight? \_\_\_\_\_

Were there any birth defects or complications? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

Were there any feeding problems? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

Were there any sleeping problems? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

As an infant, was the child quiet? Yes \_\_\_\_\_ No \_\_\_\_\_

As an infant, did the child like to be held? Yes \_\_\_\_\_ No \_\_\_\_\_

As an infant, was the child alert? Yes \_\_\_\_\_ No \_\_\_\_\_

Were there any special problems in the growth and development of the child during the first few years? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

The following is a list of infant and preschool behaviors. Please indicate the age at which your child first demonstrated each behavior. If you are not certain of the age but have some idea, write the age followed by a question mark. If you don't remember the age at which the behavior occurred, please write a question mark.

Behavior	Age	Behavior	Age
Showed response to mother	_____	Put several words together	_____
Rolled over	_____	Dressed self	_____
Sat alone	_____	Became toilet trained	_____
Crawled	_____	Stayed dry at night	_____
Walked alone	_____	Fed self	_____
Babbled	_____	Rode tricycle	_____
Spoke first word	_____		

### MEDICAL HISTORY

Is the child on any medication at this time? YES / NO

If yes, please note types, amounts, and duration of taking varied medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Allergies: \_\_\_\_\_

Place a check next to any illness or condition that your child has had. When you check an item, also note the approximate date (or age) of the illness.

Check	Illness or condition	Date(s) or age (s)	Check	Illness or condition	Date(s) or Age(s)
_____	Measles	_____	_____	Dizziness	_____
_____	German measles	_____	_____	Frequent/severe headaches	_____
_____	Mumps	_____	_____	Difficulty concentrating	_____
_____	Chicken Pox	_____	_____	Memory problems	_____
_____	Whooping cough	_____	_____	Extreme tiredness or	_____

_____ Diphtheria	_____	_____ weakness	_____
_____ Scarlet fever	_____	_____ Rheumatic fever	_____
_____ Meningitis	_____	_____ Epilepsy	_____
_____ Encephalitis	_____	_____ Tuberculosis	_____
_____ High fever	_____	_____ Bone or joint disease	_____
_____ Convulsions	_____	_____ Gonorrhea or syphilis	_____
_____ Allergy	_____	_____ Anemia	_____
_____ Hay fever	_____	_____ Jaundice/hepatitis	_____
_____ Injuries to head	_____	_____ Diabetes	_____
_____ Broken bones	_____	_____ Cancer	_____
_____ Hospitalizations	_____	_____ High blood pressure	_____
_____ Operations	_____	_____ Heart disease	_____
_____ Ear problems (disease, infection, injury or impaired	_____	_____ Asthma	_____
_____ hearing)	_____	_____ Neurological	_____
_____ Tubes for ears?	_____	_____ Bleeding problems	_____
_____ Visual problems	_____	_____ Eczema or hives	_____
_____ Fainting spells	_____	_____ Suicide attempt	_____
_____ Loss of consciousness	_____	_____ Other _____	_____
_____ Paralysis	_____		

**SOCIAL, EMOTIONAL AND BEHAVIORAL HISTORY**

**CIRCLE/CHECK areas that are of concern for your child:**

Attention	Tantrums	Repeats words over and over
Hyperactivity	Clumsy	Holds breath
Impulsive	Blank spells	Daredevil
Gives up easily	Slow to learn	Easily frustrated
Shy/timid	Soils self (day/night)	Wets self (day/night)
Sibling rivalry	Stubborn	Eats poorly

Reading	Nightmares	Coordination
Speech Perception	Separation Anxiety	Aggression toward self or others
Hearing	Sleeping	(explain): _____
Articulation	Thumb sucking	Fears (explain): _____
Language	Rocks back and forth	_____
Vision	Hand flapping	_____
Social Skill (explain):	Repetitive Movements (explain):	Nail biting or other nervous habits:
_____	_____	(explain) _____
_____	_____	_____

Any counseling/psychotherapy now or in past? YES / NO (circle one)

If YES, please state reason for counseling/psychotherapy \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Duration of therapy, with whom, and was it effective?

\_\_\_\_\_

\_\_\_\_\_

Does your child interact well with other children? Have play dates? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Any notable problems with peers or adults? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has your child ever been suspended from school or daycare for inappropriate behavior? Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What are your child's favorite activities?

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What activities would your child like engage in more than at present?

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### FAMILY MEDICAL HISTORY

Place a check next to any illness or condition that any member of the child's family has had. When you check an item, please note the member's relationship to the child and whether from the maternal (mother) or paternal (father) or step/adoptive family line. Step/adoptive should be elaborated upon if notable contact with those families lending to potential impact upon child.

Check	Condition	Relationship to child	Check	Condition	Relationship to child
_____	Alcoholism	_____	_____	Depression	
_____	Cancer		_____	Learning disability	
_____	Diabetes		_____	ADHD	
_____	Heart trouble		_____	Mental Retardation	
_____	Bipolar Disorder		_____	Anxiety Disorder	
			_____	Other	

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### EDUCATIONAL HISTORY

**CIRCLE/CHECK academic areas of concern:**

Reading      Spelling      Vocabulary      Writing      Math      Oral Expression

Is your child in a special education class? YES / NO

If yes, what type of class? \_\_\_\_\_

Has your child been held back in a grade? YES / NO

If yes, what grade and why? \_\_\_\_\_

Any social or behavioral concerns at school? YES / NO If yes, explain: \_\_\_\_\_

\_\_\_\_\_

Has your child ever received special tutoring or therapy in school? YES / NO

Is your child on an IEP or 504 (circle which)? YES / NO If yes, for how long? \_\_\_\_\_

Please describe IEP or 504 accommodations \_\_\_\_\_

As a parent, are you pleased or disappointed with the way your child's school has been handling his/her learning struggles? (explain)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

OTHER INFORMATION

Has your child ever been in trouble with the law? YES / NO (circle one) If YES, Explain \_\_\_\_\_

\_\_\_\_\_

Have any family members been in trouble with the law? YES / NO (circle one) If YES, Explain \_\_\_\_\_

\_\_\_\_\_

What disciplinary techniques do you usually use when your child behaves inappropriately? Place a check next to each technique that you usually use. There also is space for writing in any other disciplinary techniques that you use.

- Check    Disciplinary technique
- \_\_\_\_\_ Ignore problem behavior
- \_\_\_\_\_ Scold child
- \_\_\_\_\_ Spank child
- \_\_\_\_\_ Threaten child
- \_\_\_\_\_ Reason with child
- \_\_\_\_\_ Don't use any technique

- Check    Disciplinary technique
- \_\_\_\_\_ Tell child to sit on chair
- \_\_\_\_\_ Send child to his or her room
- \_\_\_\_\_ Take away some activity
- \_\_\_\_\_ Other technique (describe) \_\_\_\_\_
- \_\_\_\_\_ Redirect child's interest

Which disciplinary techniques are usually effective? \_\_\_\_\_

\_\_\_\_\_

With what type of problem(s)? \_\_\_\_\_

\_\_\_\_\_

Which disciplinary techniques are usually ineffective? \_\_\_\_\_

With what types of problems? \_\_\_\_\_



Please use this space for any additional information that would be helpful for me to know when working with your child. Thank you.

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Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_